

Beige Strips - Instruction Guide

Artwork

Premium Nasal Strips

Breathe

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Breathe

Please read this guide carefully before use.

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WARNINGS AND PRECAUTIONS

How to Store Breathe+ Nasal Strips.

- Keep the product in its **original packaging**.
- Do not store above 30°C (86°F)**.
- Dispose of used strips responsibly and recycle packaging where possible.
- Do not use after the expiry date printed on the pack.
- Do not use if the package is torn or damaged.

Additional Information.

- Each nasal strip is individually wrapped and **cold-sealed** to maintain freshness and adhesive quality.
- The wrapped strips are packed in recyclable cartons.

Caution:

- Always follow the enclosed instructions carefully for correct application and removal.
- Each strip is designed for **single use only**.

SUNGO Europe B.V. Fascinatio Boulevard 522, Unit 1.7, 2909VA Capelle aan den IJssel, The Netherlands

UK Responsible Person: SUNGO Certification Company Limited, 3rd floor, 70 Gracechurch Street, London, United Kingdom, EC3V 0HR

Manufactured by: Hebei Yuanrun Medical Devices Co., Ltd. NO. 1 Chengci Road, Xiquancheng Village, Xin' an Town, Zhengding County, Hebei, China

Importer: Algoclick Ltd. 14 Devonshire Square, London, United Kingdom, EC2M 4YT

Lot number: see carton.
Use by YYYY- MM
Manufacturer: XXXXXXX

Date: November 2025
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CHOOSING THE RIGHT SIZE MATTERS:

- Small/medium strips** fit most users (approximately 75% of noses).
- Large strips** are intended for adults with wider noses.
- Clear strips** are ideal for sensitive or dry skin.
- Each strip includes a spring-like band that lifts the sides of the nose gently for improved airflow.

STEP-BY-STEP GUIDE:

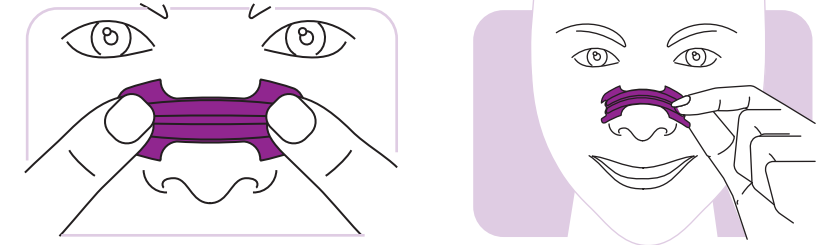


1. Clean:

Wash and dry your nose thoroughly to remove oils or makeup that might prevent proper adhesion.

2. Place:

Position the strip across the bridge of your nose, directly above the flare of your nostrils. Avoid placing it too high or too low.



3. Apply:

Press down gently and rub to secure both ends.

4. Remove:

Loosen the edges carefully and peel away slowly. For comfort, remove while washing your face or showering to minimize irritation.

TRAIN + SLEEP + **BREATHE** + **BETTER**

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Back

Front

Dimensions: 240mm x 190mm

Please check all files before printing.

18 November 2025

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What are Breathe+ Nasal Strips and what do they do?

Breathe+ Nasal Strips are flexible, spring-shaped bands designed to gently lift and open the nasal passages, helping you breathe more freely. These drug-free strips are clinically shown to open your airways instantly, providing relief from congestion and stuffiness. They can be used at any time of day or night to ease breathing discomfort related to allergies or colds.

You may benefit from Breathe+ Nasal Strips if you experience:

Nasal congestion

The strips help reduce temporary blockage and pressure in the nasal passages caused by colds or allergies.

Mild structural obstruction

They may provide temporary relief from nasal breathing difficulties caused by a deviated septum. However, they are not a replacement for surgical correction.

Snoring Relief

When used regularly, Breathe+ Nasal Strips can help minimize or even eliminate snoring caused by nasal congestion. By promoting nasal breathing instead of mouth breathing, they reduce airway resistance.

For best results, apply a new strip each night.

The product can be safely used alongside most other medications.

How to use Breathe+ Nasal Strips.

- Each strip is **single-use** and should be **discarded after one application**.
- Correct placement ensures maximum performance.
- Be careful to place it neither too high nor too low.

Safety Information.

- For external use only.
- Do not use on sunburned, irritated, or broken skin.
- Discontinue use if redness, rash, or irritation occurs.
- Do not wear for more than 12 hours at a time.
- Each strip is intended for one use only. Once removed, it will no longer adhere properly.
- Keep out of the reach of children.
- Not suitable for children under 5 years of age.
- If uncertain about use, consult a healthcare professional.

Do Not Use if:

- You are allergic to any component of the strip.
- You have been diagnosed with **Sleep Apnoea** (Sleep Apnea) — these strips are not designed to treat that condition.
- If you suspect sleep apnoea, seek medical advice before use.

Possible Side Effects:

Some users may experience minor skin reactions at the application site, such as redness, soreness, flaking, or mild swelling. In rare cases, allergic skin responses like rash, itching, or facial swelling (edema) may occur.

If you experience a serious reaction, report it to the **manufacturer** and to the appropriate regulatory authority:

Ireland: Health Products Regulatory Authority (HPRA)

United Kingdom: Medicines and Healthcare Products Regulatory Agency (MHRA)

Reporting such incidents helps improve product safety and may prevent similar issues in the future.

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Inside